

Tofu Egg Salad

Vital Vittles Cookbook
by Heather Leno

1 (1lb.) Firm water-packed
tofu, rinsed and drained
1-2 T. finely minced onion
2 T. Bill's Best Chick Nish
½ t. Vege-Sal Seasoning

COMBINE all.
MASH until consistency of egg salad.

¼ c. Vegenaïse, or as needed

STIR in just enough Vegenaïse to
achieve appropriate flavor.

*The excellence of this spread comes from
these specific brands of seasoning and mayonnaïse,
so it's best to avoid substitutions.*