

Red Lentil Soup

Prep. Time: 10-15 minutes

Cook Time: 30-40 minutes

Approx. 10 (8 oz.) servings

8 c. water
2 c. dry red lentils
2 c. chopped onion
2 c. chopped sweet cabbage
3T. McKay's Chicken
Seasoning

COMBINE in kettle.
BRING to boil, stirring.
Turn to low & **SIMMER** until
well done.
ADD small amount of water if
needed to desired consistency.

Red lentils become very sticky when
they are moistened.
They require a little stirring
until they start cooking.