



# Coronary Health Improvement Project (CHIP)

## Leadership Training Workshop

### Columbia Union – Friday, Sabbath, & Sunday -- March 26-28, 2010



The **Adventist CHIP Association** in partnership with Adventist HealthCare, the Pennsylvania Conference, & the Columbia Union presents a CHIP Leadership Training Workshop.

**Place:** Blue Mountain Academy, 2363 Mountain Road, Hamburg, PA 19526.

**Presenters:** Dena Guthrie: 580-618-2894 (cell) and Lynda Nelson. **Hosted by:** Lilly Tryon & Katia Reinert

**Workshop Description:** This 10-12 hour workshop will provide training that will equip individuals to conduct CHIP in their local churches and communities. Participants will learn how to:

- Obtain church support for CHIP as an evangelistic tool
- Market CHIP and conduct the free Information Sessions
- Run the HeartScreen event and manage the clinical and demographic data
- Prepare for and conduct the 16 class sessions
- Teach the nutritional workshop and take people through the grocery shopping tour
- Celebrate the graduation
- Provide for alumni support activities

## Workshop Schedule

**Friday-March 26**  
**12:00-3:00 pm Check-in and Materials**  
**4:00-8:30 pm Workshop, Supper, & Vespers**  
 (Supper tickets required)

**3:00-5:30 The Spiritual Connection**  
 (Supper tickets required)  
**7:00-9:00 Vespers & Workshop**

**Sabbath-March 27**  
 (Breakfast tickets required)  
**9:30-12:30—Sabbath School and Church with**  
**Health Emphasis**  
 (Lunch tickets required)

**Sunday—March 28**  
 (Breakfast tickets required)  
**9:00-12:30 Workshop**  
 (Lunch tickets required)  
**2:00-4:00 Workshop**

**Workshop Registration Fee/Church Team:**

- Early Bird Rate by March 18, 2010: \$250/church team of up to three persons\*
  - Regular Rate after March 18, 2010: \$300/church team of up to three persons\*
- \*Additional team members--\$50/person

**Included in the Fee:** Each person receives a Workshop Workbook and each Church receives:

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| • <i>CHIP Operations &amp; Resource Manual</i> (300pg) | • <i>CHIP in Your Church</i> DVD (45 min)        |
| • <i>Introducing CHIP</i> promotional DVD (11 min)     | • <i>Consider CHIP for Your Church</i> brochures |
| • <i>Absolute Advantage</i> , 66-page marketing tool   | • <i>Take Charge of Your Health</i> (160pg)      |

**Housing:** Limited academy dorm rooms (provide your own linens) \$10/pp/night based on dbl occupancy. Call the number below to reserve room. For local motel options, see [www.sdachip.org/workshops.html](http://www.sdachip.org/workshops.html)

**Meals:** **Friday** Supper; **Sabbath** Breakfast, Dinner, Supper; **Sunday** Breakfast and Lunch. Prepaid tickets are required and should be purchased at \$8/ticket at the time of registration for the workshop.

### *For Further Information*

[www.adventistCHIP.org](http://www.adventistCHIP.org)

239-267-1961 in Florida

[info@adventistCHIP.org](mailto:info@adventistCHIP.org)

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Columbia Union Workshop Description